

WHEREAS, chiropractors are physician-level healthcare providers who focus on the whole person as part of their hands-on, non-drug approach to pain management and health promotion; and

WHEREAS, these healthcare providers have special expertise and diagnostic skills in the prevention, treatment and rehabilitation of musculoskeletal conditions and injuries; and

WHEREAS, with many Americans now working from home and attending school online since the beginning of the pandemic, the incidence of musculoskeletal conditions has grown due in part to an increase in sedentary lifestyles, poor posture and stress; and

WHEREAS, National Chiropractic Health Month serves as a reminder that chiropractic treatment, along with an active, healthy lifestyle, may lessen or eliminate the need for riskier and potentially addictive treatments such as prescription pain medications and surgery;

NOW, THEREFORE, I, David L. Cook, Mayor of the City of Mansfield, Texas, join with members of the City Council to hereby proclaim October 2020, as

NATIONAL CHIROPRACTIC HEALTH MONTH

and encourage all residents to increase their understanding of chiropractic health and participate in daily activities to improve their overall health and fitness.

IN WITNESS WHEREOF, I do hereby set my hand and cause the official seal of the City of Mansfield to be affixed this 12th day of October 2020.