



## Legislation Text

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**File #:** 19-3283, **Version:** 1

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Resolution - A Resolution of the City of Mansfield, Texas, Authorizing the Fire Chief to Enter into an Interlocal Agreement Between the City of Mansfield and the City of Cedar Hill, Texas, for Participation in the First Responder Readiness Group

Approval of Resolution

Approval

Through the Victims of Crime Act Formula Grant Program, the City of Cedar Hill in conjunction with Dr. Brenda Tillman and Dr. Erika Sallee of the Readiness Group, have developed the First Responder Mental Health Resiliency Program Model Pilot. This program is meant to address the vicarious trauma that all first responders face on the job. This affects not only the first responder but also their families. This unique program will become the first of its kind in Texas and will allow the following cities to also participate in the program. Desoto, Duncanville, Grand Prairie, Lancaster, Midlothian, Mansfield, Red Oak, and Waxahachie.

Evidence shows that the following resources are effective in addressing short and long term effects of trauma:

- Peer Support
- One-on-one outreach
- Group outreach
- Therapy/EMDR
- Physical Activity
- Trauma Education
- Referral Network
- CISM Response

A maximum contribution of \$5,000.00 to the grant program from Fire, Police, and Dispatch budgets and also supplemented through personnel hours or use of the program.

Michael Ross, Fire Chief  
Fire Department